



Acrobatics & Tumbling British Open Tournament
24th-25th November 2012 - Competition Programme

Saturday 24th November 2012

Junior: WP, MP Dynamic Routines
 Junior WG & MG Balance Routines
 Senior: WP & MxP Dynamic Routines
 Senior: WG Balance Routines
 Age Group: WP, MP, MxP, WG & MG Balance & Dynamic Routines

8.00am	DOORS OPEN (Gymnasts & Officials and Spectators)
8.10am – 8.30am	REGISTRATION
8.15am – 9.05am	ORIENTATION TIME ON COMPETITION FLOOR (In allocated numbers)
8.40am – 10.10am	HEIGHT CHECKS IN GREEN ROOM No 4 (In allocated numbers)
9.00am	WARM UP IN THE SMALL ARENA BEGINS
9.25am	MARCH ON ALL ACRO COMPETITORS
9.40am	COMPETITION BEGINS
12.50pm – 1.50pm	LUNCH BREAK
1.00pm – 1.40pm	ORIENTATION TIME ON COMPETITION FLOOR SENIORS & JUNIORS ONLY (In allocated numbers)
2.00pm	COMPETITION CONTINUES
6.35pm	COMPETITION ENDS

Sunday 25th November 2012

Age Group: WP, MP, MxP, WG & MG Final Exercise
 Junior: WP, MP Balance Routines & Combined Final
 Junior: WG & MG Dynamic Routines & Combined Final
 Senior: WP & MxP Balance Routines & Combined Final
 Senior: WG Dynamic & Combined Final (Senior MG Dynamic only)

8.00am	DOORS OPEN (Gymnasts & Officials and Spectators)
8:15am	REGISTRATION of INTERNATIONAL 1 (only)
8.15am – 9.15am	ORIENTATION TIME ON COMPETITION FLOOR (In allocated numbers)
9:15am	MARCH ON INTERNATIONAL 1 COMPETITORS
9.30am	COMPETITION BEGINS
1.00pm	PRESENTATIONS of "PAT WADE" TROPHY
1.15pm	PRESENTATION of AGE GROUP MP, MXP & MG
1.15pm-2.05pm	LUNCH BREAK
2.10pm	COMPETITION CONTINUES
5.10pm	PRESENTATION CEREMONY
6.00pm	COMPETITION ENDS

Please note all timings are approximate and may be changed should the need arise. Gymnasts should be available at least 30 minutes before they are due to compete.

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